

Patchwork Lavender Hearts

by Anna Alicia for Dashwood Studio

These adorable little scented hearts will keep your wardrobe or drawers smelling fresh (and they make wonderful gifts)! Sewn in a patchwork of Jess Williams' bright, romantic *Je t'aime* collection, perfect for Valentine's Day!



What you'll need

For each heart:

- Scraps (at least 7cm² each) of three different quilting weight fabrics, for the front
- 13cm² coordinating quilting weight fabric, for the back
- 20cm of thin string, cord or ribbon to hang
- Dried lavender (50g of lavender will fill several hearts)
- Teaspoon or small funnel
- Basic sewing kit



Let's get making!

1. Let's start by cutting out the pieces of fabric you'll need for the patchwork. From each of your three different patterned fabrics cut a 7cm square. If you're planning to make a few hearts in one go, make a 7cm square template from a piece of card or paper and draw around that to save time measuring.



2. Lay out the three squares you want to use, right-side up, in a 'V' shape, as shown below.



3. Turn one of the top squares over and lay face-down on the bottom square. Pin along the edge where the squares met when laid out, and sew along that edge only, with a 1cm seam allowance. Unfold and press, then lay out again in the original pattern.



4. Now, turn the remaining square over and place face-down on the bottom square in the same way, lining up the edges (it will overlap the seam though). As in step 3, pin and sew along the edge where the squares met, then unfold and press.



5. Lay out your piece of backing fabric, right-side up, and lay your patchwork heart on top, right-side down.

Pin the two layers together and cut around the heart so that the backing fabric is the same shape.

6. Sew around the edges with a 1cm seam allowance, leaving a 3-4cm gap along one of the longer edges.
Trim across the corners of the seam allowance and snip into the inner corner (this will stop your heart bunching up in these areas).



7. Turn your heart right-way out through the gap you left.
Using a teaspoon or a small funnel, fill your heart with dried lavender through the gap.
Once your heart is full, hand-sew the gap closed with a slipstitch.



8. Finally, all we need to do is add the little loop (or if you're planning to use them in drawers, there's no need to add the loop!)
Cut a piece of cord/string/ribbon approximately 19cm long. Fold in half and tie the ends together in a knot.
Hand stitch the knot in place on the back of your heart.

